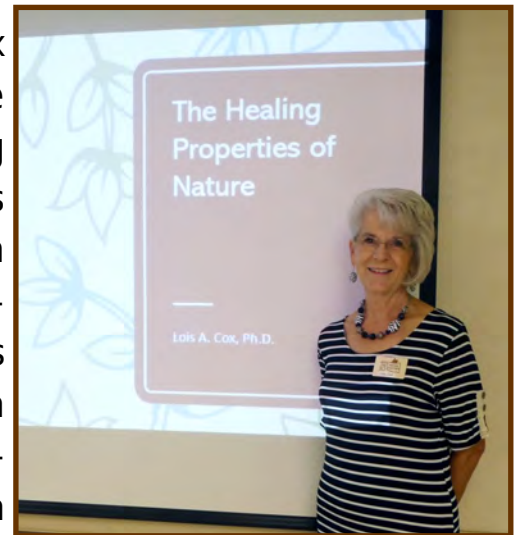


The Weeders' Digest

Healing Power of Your Garden

CCMGA member Lois Cox presented our program at the August meeting on healing properties of nature. Lois used her life experiences in her own garden to demonstrate how nature can help us heal when we are dealing with life-changing issues. Her examples, photos and research presented example after example of how we can better handle life's difficulties if we are one with our natural surroundings.



No September CCMGA Meeting!

Because of the Cleveland County Fair, we will have no September meeting. Come by the gardens and enjoy their beauty right now, and plan to attend October's meeting!

Plan to attend the next Learning Lab, Friday October 4, hosted by Oklahoma County Master Gardeners. It will be held at the Oklahoma County Extension...see details in the upcoming events section.

Inside This Issue

President's Posting	2	Treasurer Report	5
Education Update	2	The Recipe Box	8
MG Home Tours	2	Upcoming Events	10
Garden Gossip	3	Photo Booth	9
August Minutes	4-5	Visit to OSU	3,7
Garden Guru	6	Fair Exhibits	11
		Ext Closure Dates	11



President's Posting

By Judy Kautz

Hello Master Gardeners,

What a wonderful new student luncheon you put on in August for our new class! Thanks to Patty Hayes and Cindy Mullins for organizing food, and to Cathy Bowden for once again spearheading the lovely vases and jars with plant cuttings for the students to take home. Thanks to Brenda Williams and Linda Wren for the beautiful planted baskets to raffle for a little fundraiser, and thanks to all those super cooks for the delicious food! What a special event! You can see photos of the luncheon in the October newsletter and on Facebook!

I hope you had a chance to get to the Cleveland County Fair...our CCMGA crew did yeoman's work processing entries, recording judging results and generally assisting those who brought their prized flowers and veggies. Thanks to all who helped!

Our activity in the demo gardens is beginning to wind down...do take an opportunity to visit the gardens to see their fall beauty. Laura Eckstein can always use help with tour guides in the garden on Saturdays. We only have a few more weeks so don't miss a chance to greet the public and show them our handiwork in the gardens.

Judy



2019 Fall Home Garden Tours

By Terry Hull

The CCMGA Fall Home Garden Tour will be on Tuesday, September 24, 2019. In the event of bad weather, the Tour will be on Tuesday, October 1, 2019. The Tour encompasses the first half of the day. It is a fun way to share visual learning, show support for members' gardening efforts and generosity in opening their gardens to us, commune outdoors while getting to know each other, and earn annual continuing service/education credits toward Master Gardener membership (3 hours of service for those who open their gardens; 1 hour of education for each garden visited). Every home garden has something different to offer. Come enjoy and learn from different approaches and from what did and did not work. A group e-mail with agenda (locations, times, descriptions and driving directions) will be sent out about two weeks before September 24.



Education Update

By Kathi Farley

September 10, 1:30 PM, Master Gardener Advanced Class, Classroom C, Courtney DeKalb

October 5, 10 – 11:30 AM, Seed Gathering, Demo Garden, Mary Engel with Elaine Bison as TA

October 9, 6:30 PM, Houseplants, Classroom C, Courtney DeKalb

November 12, 6:30 PM, Landscaping for Birds, Classroom C, Courtney DeKalb

November 16, 10 AM, Shade Gardening, Classroom C, Rahmona Thompson



The Demonstration Garden is blooming in all areas and vegetables are still being harvested. I'm convinced that the drip irrigation is the secret and thanks to Jody for keeping it working smoothly. Thanks again to Bud Hightree for all he contributed in time, talent and projects to make the garden what it is today. Bud has moved to California and our garden will be less without him and his talents.

The Garden Planning Committee will be meeting soon to revise the 5 year plan in light of the above. If you have any ideas for projects or upgrades, email me or Judy Kautz and the committee will consider it.

If you haven't been out to the garden lately, come by and see us on Tuesday morning or consider volunteering to be a tour guide on Saturday mornings. See you in the garden - Rick



Visit to OSU Botanical Gardens: CCMGA Hort Advisor Courtney DeKalb-Myers, Marilyn Solomon, Judy Kautz and Theresa January visited these gardens the day of the horticulture scholarship presentation at OSU. Here are some of our favorite views of the gardens!





President Judy Kautz called the meeting to order, requested that everyone silence their phones, and led the Pledge of Allegiance to our flag.

She asked if there were any changes to the Minutes posted in the newsletter, and they stood as printed.

Treasurer's Report: (Nancy Logan) Beginning balance Jun 25, 2019 \$24,530.75 and balance as of Jul 25, 2019 is \$15,231.91. The full report in the newsletter stands as printed.

Program Committee Report: (Linda Wren) The following programs are scheduled: September-No program due to County Fair; October-Judy Kautz- Madagascar Trip

Education: (Kathi Farley) August 10- Hypertufa – (Brenda Williams & Linda Wren) The first 15 attendees will get to make the pots. August 27-Advance Master Gardening class-Courtney Dekalb; September 29-Butterfly Festival in Norman at Andrews Park; October 5–Seed Gathering –Mary Engel with Elaine Bison as TA); October 9- Houseplants-Courtney Dekalb; November 12- Landscaping for birds-Courtney Dekalb; November 16 – Shade Gardening- Rahmona Thompson

Special Projects: (Julie Johnson/Phyllis Blackwell) Completed yard judging in July and received check. Members should be thinking about the distinguished service award nominee.

Public Relations: (Jim McDaniel) Discover Oklahoma has not responded concerning filming the gardens. He nominated the Demo Gardens in the Best Workplace contest.

Newsletter: (Elaine Dockray) Need more photos submitted to the newsletter. Any new ideas for keeping the newsletter fresh are welcome.

Garden Committee: (Rick Ault) The wall on the east side is completed. Janelle Miller and Georjana Mauldin will work the Xeriscape and Serendipity beds.

Membership: (Rahmona Thompson) She taught the first class for the new Master Gardener class with 22 students in attendance. There are still empty slots for lunch in the garden with students.

Home Tours: (Terry Hull) Dates have been set for the fall home garden tours—September 24 with a backup date October 3. She has three people signed up but requires a fourth person to volunteer before the tours can take place. Ben Swaggerty, Julia Linger, and Molly Mollihan have volunteered.

Tours: (Susan Aikman) October 9 or 10 we will tour the Tulsa Botanical Gardens

Fundraising: (Brenda Williams/Linda Wren) There will be five baskets to raffle at the new student picnic.

Hospitality: (Cindy Mullens/Patty Hayes) They thanked Mary Engel, Kathi Farley, Patti Pippin, Loreen Upton, Julie Johnson, Terry Hull, and Tomoko Yoshida for the delicious snacks. Food for the picnic should be brought by 10:45. Set-up is 10:15-10:30. Those helping with the decorations should be here by 10:00.

August Meeting Minutes (continued)

Old Business: County Fair—all slots are filled. We will work all day on Sept 4 and do judging on Sep 5.

New Business: Bud Hightree is departing to California and Judy presented him a Thank you note and gift card for all his dedication and hard work.

Money is being collected for the Proven Winner book that members wanted.

Courtney will present instructions for using the electronic system for recording service and education hours at the October meeting.

Cherry is having knee surgery today.

Fred Schneider brought books for people to take home and make a monetary donation to the organization. He also had a poster of the first native plant planting at the University of South Dakota. Kathy Bowden needs help before the picnic with putting water in vases and jars and stuffing them with plants at 10:00 a.m. She thanked those who helped fill six big bags of Styrofoam. Her church is taking their 100th bag to ADA. There will be a Greenspeak talk at 7:00 Tuesday at the University Lutheran church.

President's Comments: (Judy Kautz) : Judy asked the new trainees in attendance to stand. She announced we had received a thank you letter form OSU for the scholarship. Courtney received one of our scholarships a few years ago. She thanked Jim for his photos from tours and gardens. Judy thanked Vada for taking minutes at the July meeting.

Dates to Remember:

Student Luncheon – Aug 16

Advanced MG Class – Aug 27, 1:30 -3:30 Classroom C

County Fair – Sep 4-8

Multi-County Learning Lab – Oct 4, 9 am-3 pm

Harvest Feast 2019 – Nov 7

Plant Party – Apr 18, 2020

Meeting Adjourned

Respectfully submitted, *Marilyn Solomon*



Treasurer's Report

By Nancy Logan

Beginning balance as of July 25, 2019 is \$24,486.50. Income includes \$170 New Class Picnic Auction; \$20 2020 Dues Paid; \$15 Plant Sale; \$45 Gloves Sold; \$100 Lawn Judging; \$15 Hypertuffa Pot Sold; \$520 OK Proven Books Ordered; \$21 Meeting Donations-Books and \$20 New Class Picnic Donation for Total Income of \$926.00. Expense includes \$102.36 Hospitality; \$908.61 Demonstration Garden; \$112.87 Hypertuffa Pot Class Supplies and \$138.13 New Class Picnic Supplies for Total Expense of \$1,261.97. Balance at August 25, 2019 is \$24,150.53, less budgeted expenses not yet reimbursed of \$7,921.62 and less reserve for greenhouse repairs of \$591, leaving funds in excess of budget at \$15,637.91.

Respectfully submitted, *Nancy Logan*



Garden Guru—Hortus botanicus Leiden: Encountering Japan in the Netherlands by Tomoko Yoshida

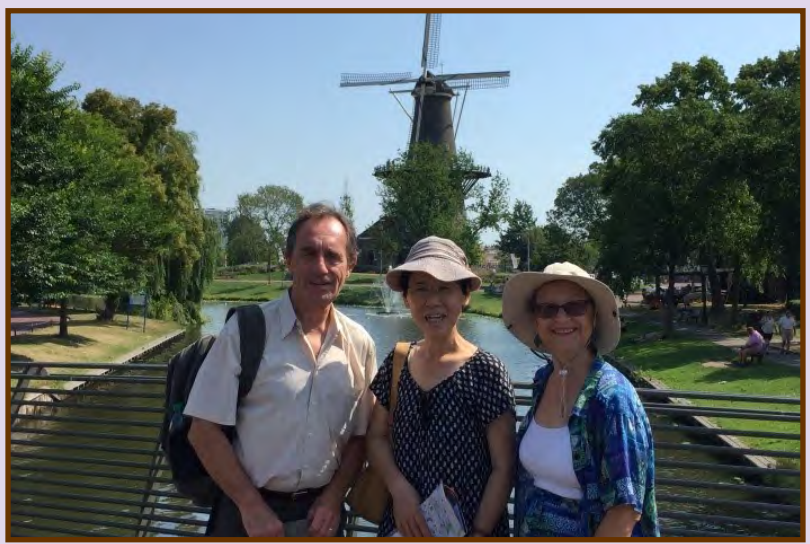
During my summer trip to northern Europe, I visited Hortus botanicus in Leiden. This is the oldest botanical garden in the Netherlands.

Hortus botanicus was founded by Leiden University in 1590 primarily to provide the medical students with herbal knowledge. Its first prefect Carolus Clusius (1526-1609) was also interested in exotic and beautiful ornamental plants. Clusius was instrumental in introducing tulips from Turkey. The original garden (beds curiously arranged in a windmill shape) was small (35m x 40m), but contained more than 1,000 varieties of plants. In 2009, this garden was restored to its original form.

The botanical garden has expanded greatly over the centuries. It now contains a rose garden, a fern garden, a vegetable garden, a Japanese garden, a systematic garden showing plant evolution, among others. The latest addition is a Chinese herbal garden. It also features glasshouses and a nice café.

One of the notable contributors to the Hortus was Philipp Franz von Siebold (1796-1866). Siebold was a German physician who was stationed in Japan in the early 19th century on behalf of the Dutch government. The Dutch were the only Western power who were allowed to trade with Japan under the seclusion policy. Upon his return to Europe, Siebold settled in Leiden near the botanical garden. His house is now a museum showing many Japanese artifacts he collected, including meticulously pressed plants. Siebold also sent several hundred plant samples (seeds and live plants) to Europe, but many did not survive the long journey. However, sixteen of his plants are still alive in Hortus. One of them is keyaki (*Zelkova serrata*), a tall deciduous tree which provides high-quality lumber for housing and furniture in Japan. Keyaki is becoming popular in the U.S. as an alternative to American elm. It was even selected as the 2018 Oklahoma proven tree.

Pictured below—Tomoko in the gardens and with the windmill.



CCMGA Awards Horticulture Scholarship to Pamela Sparks



We presented our scholarship to Pamela Sharp at an awards ceremony at OSU on August 24. It was delightful to have Theresa January join us for the festivities and show us her house and her work in the OSU Botanic Gardens. Pictured left, Theresa January, Judy Kautz, Courtney DeKalb, Pamela Sharp and Marilyn Solomon. Below left, Theresa in front of her house and us at the ceremony. Additional garden photos are below.





Fresh Tomato Salad with Onions, Feta & Olives

Master Cook

Ingredients

5 large, ripe tomatoes, sliced 1/3" thick
1 small red onion -- thinly sliced
1/4 cup extra-virgin olive oil
1 tablespoon balsamic vinegar
Salt and pepper -- to taste
4 ounces feta cheese
1/4 cup Kalamata olives -- pitted
1 tablespoon chopped fresh parsley

Arrange tomatoes on platter. Top with onion slices. Drizzle oil and vinegar over. Sprinkle with salt and pepper. Let stand at room temperature at least 1 hour.

Sprinkle cheese, olives and parsley over salad and serve.

Per Serving (excluding unknown items): 160 Calories; 16g Fat (87.2% calories from fat); 3g Protein; 2g Carbohydrate; trace Dietary Fiber; 17mg Cholesterol; 369mg Sodium. Exchanges: 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat.

Best Ever Cobbler

Julie Johnson

Ingredients

Any flavor fruit pie filling, 2 cans
1 white or yellow box cake mix
1 stick butter, melted
1/4c brown sugar

In a 9x13 buttered pan, put the 2 cans of fruit filling in the bottom of prepared pan.

Spread the dry cake mix evenly over the top of fruit; drizzle the melted butter all over the top of cake mix, and spread the brown sugar over the top. Put cake in a 350 degree oven for 50 - 55 minutes. Don't let it get too brown. Remove to a rack to cool, and serve with ice cream or cool whip. If you

choose cherry pie filling, put 1/2 teaspoon almond extract into the top of each can and stir before putting in the pan then continue with the rest of the directions. Yum!!

NOTE: Julie brought this cobbler to the student luncheon—what a hit!



Photo Booth



Vada Edwards submitted these photos. Above, passion vine flowers in my garden! Below, surprise blackberry lilies on the front walkway!



Above, Georjana Mauldin submits "My teeny tiny tomato. Grown from a plant that Fred Snider gave me."

Below, Cindy Mullens offers "Dog days of summer in rural Garvin County!"





Upcoming Events

September 10, 6:30 PM: Native Seed Collecting, Myriad Gardens, Garden Classroom. Autumn is the perfect time for collecting native seeds. Join Myriad Gardens in this hands-on seed collecting expedition in one of our signature spaces – Oklahoma Prairie Garden. The class will begin with a brief indoor presentation and then transition outdoors for the workshop portion. Member \$14; Nonmember \$19.

September 10, 1:30 PM: MG Advanced Class, Classroom. We will have 30 minutes of a desk refresher, 30 minutes of timely topics, and then an hour lecture on soil health.

September 14, 9 AM – noon: Monarch Festival, Oklahoma City Zoo.

September 14, 1 PM: Nature Photography Workshop, Myriad Gardens, Garden Classroom. Partake in a unique adventure through the viewfinder of your camera. Capture vibrant photos of garden landscapes, flowers, insects, and birds. Class begins indoors and then proceeds to the Crystal Bridge Conservatory and/or outdoors (weather permitting) for hands-on instruction. Bring your own camera. Class conducted by Doug Hoke, Director of Photography for the Oklahoman. Member \$18; Nonmember \$24.

September 14, 9 AM – noon: Winter Gardening, Will Rogers Exhibition Center. Join the Oklahoma Gardeners' Association for this presentation on seed collection and storage, winter sowing, and the use of cold frames.

September 21, 1 PM: Easy Plant Propagation, Myriad Gardens, Garden Classroom. Learn what propagation is and how you can easily do this at home. Plants will be provided for you to propagate from, as well as soil, containers, and other needed materials. Member \$18; Nonmember \$24.

September 28, 10 -11 AM: Gardens Walking Tour, Myriad Gardens. Free.

September 29, 10 AM – 4 PM: Monarchs in the Park, City of Norman Andrews Park, 201 W. Daws St., Norman, OK.

October 5, 9 AM – 2 PM: GardenFest, Mum Sale and Pumpkin Palooza, OSU Botanic Garden, Stillwater, OK. Join us in the garden for an educational and festive day of presentations, guided tours, children's activities, Monarch tagging, food and music. GardenFest also kicks off our famous Mum sale!

October 11, 10 AM: CCMGA meeting, Classroom.

Extension Office Closures for Winter Quarter:

Oct 14 Columbus Day
Nov 11 Veterans Day
Nov 28 & 29 Thanksgiving Holiday
Dec 24 & 25 Christmas Holiday



Check out some of the many entries submitted for judging in horticulture at the Fair! More photos next issue!



MASTER GARDENER ASSOCIATION

Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating. The Oklahoma Cooperative Extension Service offers its programs to all eligible persons regardless of age, race, color, religion, sex, sexual orientation, genetic information, gender identity, national origin, disability, marital or veteran status, or any other legally protected status. OCES provides equal opportunities in programs and employment.

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Courtney DeKalb-Myers
Extension Educator
Horticulture

Submit suggested articles for the newsletter not later than the **25th of each month** to Editor Elaine Dockray at rdsefd@aol.com

Newsletter Editor: Elaine Dockray

Newsletter Publisher: Judy Kautz



For More Information Check out the updated Horticulture and Master Gardener sections on the Cleveland County Extension Office website. The address is www.oces.okstate.edu/cleveland.