Volume 30, Issue 10
December 2020



ociation

S

S

<

Φ

den

e U

Maste

ounty

U

7

⊏

 $\boldsymbol{\sigma}$ 

O

>

O

# : Jah

# he Weeders' Digest

# A Different Harvest Feast!

Thank you to all our Master Gardeners who participated in the Sharing Our Harvest Feast food collection event for Meals on Wheels! Meals on Wheels of Norman is a United Way non-profit agency founded in 1972. Meals on Wheels of Norman continues to serve the Norman community by providing nutritious meals through a partnership with Norman Regional Health System to the ill, elderly, and disabled. The meal deliveries are beyond just providing nutrition. Their friendly volunteers develop relationships and look forward to visiting their clients each day. To family members unable to live close by, the visit ensures the health of their loved one and that they are receiving a nutritious meal each.

Meals on Wheels typically have food drives twice a year in the Sam's Club lobby, but were not able to have either this year because of the coronavirus. The food drive helps to feed some of their neediest clients over the weekends. Also, going in the holiday season, meals will not be delivered on those days.

CCMGA food delivery was featured in the Meals on Wheels newsletter for November, too!

More photos are posted on page 5.



20 continuing education hours are still required to qualify for 2021 as a CCM-GA member. Courtney sent out an email listing all your opportunities for more than 20 hours of virtual education. Many of these are already listed on CCMGA website under "member news" (thank you Lois!). Remember that your hours are due to Nancy in early 2021.

Inside This Issue			
President's Posting	2	Garden Gossip	4
Meals on Wheels pics	3	The Recipe Box	6
Treasurer's Report	7	Holiday Gift Idea	8
Photo Booth	4,5,7		



Congratulations to the sixteen Master Gardener 2020 graduates! We celebrated their graduation by "Sharing Our Harvest Feast," with donated food to Meals on Wheels of Norman.

A special thanks to Nancy Logan, Fred Schneider and Terry Hull for volunteering their time and vehicles in the parking lot behind the OSU Extension office on Thursday, November 19th from 10:00 a.m. to 12:00 p.m. to collect and deliver the donations. The amount of donated food and monetary donations was awesome. Photos of the event were taken by Courtney and are included in this newsletter. The event was both heartwarming and enjoyable. Many of us had not seen one another since our last meeting in March.

Thank you so much! Best wishes for a safe and happy holiday season. Joαn



### Received from the scholarship recipient:

Thank you so much for selecting me for the Cleveland County Master Gardener Association Scholarship for 2020-21. I am highly honored and appreciative to be receiving this award. It is scholarships like yours that allow me to be a student at Oklahoma State University. As I'm sure you are aware, I am a Horticulture major with a focus on Turfgrass Management, but I am also a Plant and Soil Science major with a focus on Crop Production Management. I plan to pursue a career as a golf course superintendent after receiving my degree. I am going to be a junior next semester and plan to graduate in the spring of 2022. I am originally from Norman and I love to hunt, fish, and be outdoors in general.

Thanks to your generosity my financial burden has been lightened and I am able to put more focus into my education. I know success depends on the help of others along the way, and I will use this money on the path to hopefully one day be able to give back to others in my situation. The Department of Horticulture and Landscape Architecture at OSU is my home and it is people like you who make it a home for me and so many other students.

Thank you again, Justin Crews

### From the yard judging committee:

Thank you so very much for helping our neighborhood maintain great yards! Our Yard of the Month continues to inspire homeowners to plant, mow, edge and weed! We all look forward to May, 2021 when we hope to be back to "normal".

For the homeowners in Woodlake Estates, Donna Shaw

Page 2 The Weeders' Digest



# Meals on Wheels Harvest Feast











Thank you, CCMGA!

Volume 30, Issue 10 Page 3



During the ice storm we had some tree damage to 4 large trees. We would like to thank Tree Wizard for their fast response in cleaning the damage up. They helped to not lose even one of those trees!

I am truly looking forward to returning to normal and getting back to the garden next year! Below are photos of the tree damage in the garden. Thanks to Courtney Dekalb-Myers for photos!



Volume 30, Issue 10 Page 4



## Photo Booth









The pre-Halloween ice storm did a lot of damage to

our members' landscape. Top and bottom right, Elaine Dockray shares photos of storm damage from the ice storm.

Top and bottom left, storm damage in Marilyn Solomon's yard, but, right, a yellow iris appears in November in all its beauty!





# Turkey Chili

### by Rick Ault

### **Ingredients**

1 pound lean ground turkey breast

2 tablespoons safflower oil

1 package chili seasoning mix

1/2 cup chopped celery

1 cup chopped green bell pepper

1 cup chopped onion

14 1/2 ounces canned diced tomatoes, -- undrained

15 ounces tomato sauce

10 ounces tomato puree

1 teaspoon crushed red pepper flakes, -- optional

Brown ground turkey breast in safflower oil. Drain.

Stir in chili seasoning mix.

Add chopped vegetables.

Add tomatoes, sauce, and puree. (Add crushed red pepper flakes if desired.)

Cook, covered, for at least 1 hour (or longer).

For hearty TURKEY CHILI & BEANS add a 15 oz. can black beans.

Per Serving (excluding unknown items): 76 Calories; 4g Fat (39.4% calories from fat); 2g Protein; 11g Carbohydrate; 2g Dietary

Fiber; omg Cholesterol; 470mg Sodium. Exchanges: o Grain (Starch); 1 1/2 Vegetable; 1/2 Fat.

Serves 8

## Fruit Turkey

by Lois Cox



This is a fun one I have made to keep the meal from being so heavy.

Volume 30, Issue 10 Page 6





Ice-COVered okra plants during the October ice storm.



# Treasurer's Report

By Nancy Logan

Beginning balance as of September 25, 2020 is \$25,297.68. No income for October. \$788.58 Demo Garden for Total Expenses of \$788.58.

Balance at October 25, 2020 is \$24,509.10 less budgeted expenses not yet reimbursed of \$11,955.10 and less reserve for greenhouse repairs of \$1112.00, leaving funds in excess of budget at \$11,442.00. Income includes \$580 2021 Dues; \$10 Meals on Wheels Donation and \$570 Bereavement Collection for Cherry for Total Income of \$1,160.00. Expenses are \$1,000 OSU Scholarship Contribution and \$570 Bereavement Check for Cherry for Total Expenses of \$1,570.00.

Balance at November 25, 2020 is \$24,099.10 less budgeted expenses not yet reimbursed of \$10,385.10 and less reserve for greenhouse repairs of \$1112.00, leaving funds in excess of budget at \$12,602.00.

2021 DUES: Since we will not be able to meet in person this year, dues of \$20 should be mailed to Nancy Logan at 3200 Summit Bnd, 73071, or dropped off at the extension office.

Respectfully submitted, Nancy Logan

Volume 30, Issue 10 Page 7

### **Holiday Gift Idea**

Looking for a "stocking stuffer" or a small gift for the holiday season? Consider a pair of small or medium sized, colorful, gardening gloves. Each pair costs \$5.00 (cash or check) and that amount is added to CCMGA's treasury. If interested, contact Claren Kidd at ckidd@ou.edu or 405 360-6788. If you phone, please leave a voicemail if I don't answer.





### **MASTER GARDENER ASSOCIATION**

Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating. The Oklahoma Cooperative Extension Service offers its programs to all eligible persons regardless of age, race, color, religion, sex, sexual orientation, genetic information, gender identity, national origin, disability, marital or veteran status, or any other legally protected status. OCES provides equal opportunities in programs and employment.

The CCMGA newsletter is published as an educational service by the Cleveland County Oklahoma Cooperative Extension Service, 601 East Robinson, Norman, OK 73071-6616
Office 405-321-4774 Fax 405-360-0319
Email ccmastergardener@yahoo.com
Website
www.clevelandcountymastergardeners.org

Courtney DeKalb-Myers Extension Educator Horticulture Submit suggested articles for the newsletter not later than the **25th of each month** to Editor Elaine Dockray at <a href="mailto:rdsefd@aol.com">rdsefd@aol.com</a>

Newsletter Editor: Elaine Dockray Newsletter Publisher: Judy Kautz





For More Information Check out the updated Horticulture and Master Gardener sections on the Cleveland County Extension Office website. The address is www.oces.okstate.edu/cleveland.