Volume 30, Issue 1 January/February 2020

cleveland County

MASTER

## ssociation ⋖ Φ he Weeders' Digest ⊏ b a r d U County Master p u e v e

### Thanks, Cherry Slaughter!



We are so pleased to honor Cherry Slaughter, who has supported CCMGA so much through the years. Thank you, Cherry, for all you do for our association, to ensure we can be responsive to the community when it comes to horticultural needs. We appre-

ciate you so much!

Pictured above, 2019 CCMGA President Judy Kautz who presented Cherry with a thank you at our Christmas gathering in December.

#### At the February Meeting... by Jo Ann Dysart

Our speakers for February will be Margaret Landis and Richard Lupia, both of the Sam Noble Museum. Both of them have many years of museum experience, so we will be in for a treat hearing their presentation. The meeting begins at 10, but come at 9:30 for snacks and conversation. See you there!

First day in the garden is March 3! Come and join us for a breakfast potluck at 8:30 am followed by work in the garden!

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#### Dear Master Gardeners,

2019 was a memorable year for CCMGA and all the wonderful contributions we made to the local communities. Not only did you educate the public about plants by tending all the beds in our demo garden, but you offered classes to them on a variety of garden topics. You grew unusual and useful varieties of plants in the greenhouse and offered them for sale at our annual Plant Party. You grew vegetables and fruits in the demo garden and provided them to the local food bank to nourish the needy in the community. You mentored our new students, helping them to become vital members to CCMGA. You spent hours at our help desk, answering questions and researching issues, all the while demonstrating what to do to our new students. You provided a \$1000 scholarship to an horticultural student, who can further her studies in this amazing area of study. You provided a truckful of nonperishable goods at Christmas to feed the hungry in our community and had fun doing it!

Thank you to all for your untiring efforts! Thanks to our Executive Board and our Committee Chairs for their contributions to keep our organization running well. And finally, thank you to our Horticultural Educator, Courtney DeKalb Myers for her energy, enthusiasm and amazing ideas to make CCMGA great!

It has been a most rewarding year, and I am proud to have been your president. I know next year will be even better under the leadership of Joan Barker as 2020 President. See you in the garden!

Judy



#### A Special Thank You!

By Courtney DeKalb Myers

On behalf of myself and the Cleveland County OSU Extension staff, I would like to extend the biggest thank you to Joan Barker, Patty Hayes, Kathi Farley, and Terry Hull. These ladies volunteered their time and labor to finish painting the classroom kitchen. They even cleaned and organized the shelves. Joan was also kind enough to donate a convection oven, which can be used to heat up casserole dishes for CCMGA's many delicious potlucks. Because of these ladies, the extension kitchen looks incredible! I appreciate you all so much.

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#### **Demonstration Garden Meeting 1/7/20** Great meeting and great turn out!

Here is what was discussed in this first meeting of the year:

- 1. Purchase requests: 4-5 folding chairs for the tour guides on Saturday am, hand clippers, and hose nozzles.
- 2. Tool sharpening: Loreen Upton volunteered her husband, Larry, to sharpen our tools. Then it was requested he may be able to teach a class on how to do this. I will discuss this with Larry and Loreen to see if he is willing. I'll get back to you on this later.
- 3. Plant labels: The metal stands are ordered and we will know more on when they will be ready next month. Rahmona is sending the excel spreadsheet to Cherry on what is needed for your label, room permitting! So, look for the email for your plant labels. Use the spreadsheet!! It will speed up the process.
- 4. Demo Garden Workdays: We will begin back in the garden **Tuesday, March 3rd**. Our usual workday times are 9-12 until the heat requires us to move it earlier in the day. We will begin our work schedule on the 3rd with a potluck breakfast at 8:30 in Classroom C (so we may get to the garden just a wee bit late).
- 5. Inclement weather: Laura Eckstein and Kathi Farley will be in discussion when weather is rolling in. The email will go out, ideally, the Monday before the Tuesday workday or, at the very latest, 2 hours before the Tuesday workday. Lois Cox will be making a new tab on our web site for the Demonstration garden. Information like this and inclement weather days will go in that tab.
- 6. Demo Garden Beds: By the end of the summer every bed will have no less than 2 people! Some beds will require more than 1 assistant. This will allow more people to learn our beds and beds will get attention when someone is out due to illness or vacation. We still have beds needing assistants. Contact Kathi Farley if interested.
- 7. Weed control: Courtney and I are still discussing this. I hope to have answers next month. Next meeting Feb 11th 10-11am.



#### Special Event February 15th!

By Jo Ann Dysart

February 15, 1:00 to 3:00, come & go, beautiful indoor greenhouse at home of Dr. Jeff Nees and Kathy, 4380 Covington Way, Norman. Limited parking so carpooling is recommended. Meeting for lunch at noon at: https://www.eltorochino.com/2801 36th Ave NW, 73072. El Toro Chino brunch / lunch menus are on site.

Please respond to my 'new' email address, dysartjoann@gmail.com or text me at 405.227.6446 to confirm (1) going to Nees' home and (2) joining group for lunch. Right this red-hot minute 16 members have confirmed attendance at Nees' family and 15 for lunch. It is not too late to confirm.

If you decide at the last minute to join group for lunch, come on! We'll pull up another chair. I am holding off notifying restaurant for a few days to allow for additional confirmations.

Beginning balance as of November 25, 2019 is \$21,569.76. Income includes \$620 2020 Dues; \$20 2019 Dues; \$45 Gloves Sold and \$2 Donation for Total Income of \$687.00. Expense includes \$633.23 Demonstration Garden; \$75 Slaughter Christmas Gift and \$11.07 Hospitality for Total Expense of \$719.30. Balance at December 25, 2019 is \$21,537.46, less budgeted expenses not yet reimbursed of \$5,201.55 and less reserve for greenhouse repairs of \$591, leaving funds in excess of budget at \$15,744.91.

Beginning balance as of December 31, 2019 is \$21,304.82. Income includes \$240 2020 Dues and \$15 Gloves Sold for Total Income of \$255.00. No expenses paid this month. Balance at January 25, 2020 is \$21,559.82, less proposed budgeted expenses not yet reimbursed of \$17,497.82 and less reserve for greenhouse repairs of \$591, leaving funds in excess of budget at \$3,471.00.

Respectfully submitted, Nancy Logan



#### **Education Update**

By Linda Fielder

February 22 2020, 10-11 AM, Landscaping 2.0 – A New Paradigm of Natural Landscapes. Adam Sarmiento will speak in Classroom C. Below is class description and bio:

Times change and our gardening aesthetic preferences don't always keep up. In the 21st century we need gardens that can withstand the vagaries of climate change, provide habitat and benefit to wildlife, and reconnect us with the beauty and harmony of wild landscapes.

Adam Sarmiento will bring his 21 years of professional experience to the past, present and future of ecological gardening. After training in organic agriculture Adam Sarmiento began applying ecological and organic concepts to landscaping in 1998. His design/build firm Eco Landscaping focuses on ecologically beneficial, utilitarian spaces that celebrate the regional character of Oklahoma. The company has been featured in 405 magazine and The Norman Transcript. His writings have been published in Oklahoma Gardener and The Gaillardia. His landscape designs have been awarded Norman's "Water's Worth It" award and he has contributed landscape designs to numerous area schools. He regularly gives presentations and workshops on native plants, mini-farming, and ecological gardening. He has served as the vice president of the Oklahoma Native Plant Society.

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President Judy Kautz called the meeting to order, requested that everyone silence their phones, and led the Pledge of Allegiance to our flag.

Since there was no meeting in November due to the Harvest Feast, there were no Minutes to review.

<u>Treasurer's Report</u>: (Nancy Logan) Beginning excess balance Sep 25, 2019 \$14,137.91 and available balance as of Nov 25, 2019 is \$15,057.91. The full report in the newsletter stands as printed.

Program Committee Report: (Linda Wren) January- Lois Cox-Friendship Gardens

<u>Education:</u> (Linda Fielder) Committee members-Vickie, Carol, Raja, and Kim. The following classes are scheduled: January 25-Greenhouse Gardening. Nine speakers have committed.

<u>Special Projects</u>: (Julie Johnson/Phyllis Blackwell. Memorial bricks were purchased for Ellis Sexton, a long-time member and Betty Culpepper, an honorary member.

Membership: (Rahmona Thompson) No report.

<u>Hospitality</u>: (Cindy Mullens/Patty Hayes) A sign-up sheet for next year's treats is on the table in back. The audience thanked Cindy and Patty for a great year of service.

<u>New Business:</u> The OSU Hort Scholarship for 2020 was approved for \$1000 for the Executive Members

<u>Courtney's Comments:</u> She thanked everyone for an awesome year and is looking forward to 2020.

President's Comments: (Judy Kautz)

Recognized Trainees/new Master Gardeners in attendance.

Fred Schneider remembered Ellis Sexton

Thanked Cherry Slaughter and presented a monetary gift,

Thanked the group for honoring her with the Distinguished Service Award

Thanked all who served as Committee Chairs this past year.

Meeting Adjourned

Respectfully submitted, Marilyn Solomon

President Joan Barker called the meeting to order, requested that everyone silence their phones, and led the Pledge of Allegiance to our flag.

**Installation of officers:** Brenda Hill installed the following officers:

President-Joan Barker; Secretary-Marilyn Solomon; Treasurer-Nancy Logan; and President-elect-Lois Cox. The Parliamentarian-Judy Kautz will be installed later.

<u>Treasurer's Report</u>: (Nancy Logan) Beginning excess balance Nov 25, 2019 \$21,569.76 and available balance as of Dec 31, 2019 is \$20,713.82. The full report in the newsletter stands as printed.

<u>Greenhouse</u> (Nancy Logan) The teams have started working every Thursday. Anyone that wants to help in greenhouse is welcome. The greenhouse is about half full. Plantings are mainly from cuttings and division currently.

<u>Program Committee Report:</u> (JoAnn Dysart/Jeannie Kline)

January- Lois Cox-Friendship Gardens

February -Speaker from the Sam Noble museum -Paleo Botany.

Jim McDaniel will speak on Drip Irrigation next.

Kathy Whittle has a physician friend with a large greenhouse on Rockcreek Rd and suggested a field trip to tour the greenhouse. A field trip to the Dallas Arboretum by bus was also suggested.

Education: (Linda Fielder) The following programs have been scheduled

Jan 25-Mike and Rosario Douglas: Gardening with Greenhouses

Feb 22- Adam Sarmiento: Eco Gardens

Mar 28- Mariah Menzie: Bees

Apr-Garden Party

May 23- Lori Coats: Herbs

June 20-Molly Monghan: Mosaic Stones

July 18-Rahmona Thompson: Sex in the Flower Bed

Aug 22- Sandy Schwinn: Backyard Monarch Way Stations

Sep 26-No speakers

Oct 10-Carolyn McCabe: Orchids

<u>Special Events:</u> A Garden Party/Plant Sale meeting will be held on Monday January 13, 2020 in Classroom C. All are invited to participate in the ad hoc committee. Courtney has agreed to provide the music-system and playlist for our 2020 event.

<u>Special Projects</u>: (Julie Johnson/Phyllis Blackwell) No report

**Public Relations:** (Judy Kautz) No report

<u>Newsletter</u>: (Elaine Dockray) No report. Newsletter items must be submitted before the 25<sup>th</sup> of each month.



#### January Meeting Minutes (continued)

**Garden Committee**: (Kathi Farley) March 3 is the first workday in the Demo Garden. We will have a pot-luck breakfast at 8:30 am. The students will have a rotating schedule for garden work through July. Kathi had a meeting before the Executive Board meeting and plans to have one next month. She encouraged all who had not submitted their budget proposal to please give them to Marilyn.

<u>Membership</u>: (Rahmona Thompson) Rahmona thanked 2019 mentors and had their names projected on a slide. She had a drawing from the names for 2 Norman High School Chili Supper tickets and 2 tickets to the Sam Noble Museum. She needs 19 mentors for students. She and Courtney will have the first meeting Feb 7.

Fundraising: (Molly Monaghan/Brenda Williams) No reports. Working on ideas.

<u>Hospitality</u>: (Cindy Mullens/Patty Hayes) Cindy thanked the following people for refreshments today:

Linda Fielder, Laura Eckstein, Mary Bruce, JoAnn Dysart, Pat Welty, Serena Norrell, Terry Hull, Fred Schneider, Kathi Farley (set-up), Lauretta Buchanan, and Mary Engle. There are dishes in the back from previous meals that should be taken home.

Garden Tours: (Sherry Hill/Loreen Upton) No report

<u>Member Home Tours</u>: (Barbara Rafferty) No new report but will contact members soon about home tours.

<u>Old Business:</u> Fred Schneider said he and Tom had a ball taking the canned goods from the December meeting to Food and Shelter. Cathy Bowden thanked everyone for their continue support of the Styrofoam project. They are also collecting egg cartons for "Farmer Bob".

<u>New Business:</u> OHEC(?) is collecting plastic shopping bags to cut and crochet into sleeping mats for the homeless. Workshop to be held on January 17 from 10-3.

**Courtney's Comments:** No report

President's Comments: (Joan Barker)

A ten-question survey will be going out to members from committees through Courtney.

Any new events can be given to Lois Cox to post on the website.

Thanked all who served as Committee Chairs this past year.

Meeting Adjourned

Respectfully submitted, Marilyn Solomon







# **Ugly Sweaters!**













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Our Winner Georjana!









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#### Slow Cooker Green Beans

#### Southern Living Magazine

#### **Ingredients**

8 thick-cut slices bacon -- divided

1 large yellow onion -- sliced

2 pounds fresh green beans -- trimmed

1/4 cup chicken broth

2 1/2 teaspoons kosher salt

1 teaspoon black pepper

4 sprigs thyme

Cut 6 of the bacon slices into 1/2-inch pieces. Cook, stirring often, in a very large skillet or Dutch oven over medium-high heat until crispy, about 8 minutes. Transfer to a plate lined with paper towels to drain. Reserve drippings in skillet. Crumble cooked bacon and set aside.

Add onion to the skillet and cook, stirring occasionally, until just tender, about 3 minutes. Stir in green beans and cook, stirring often, 2 minutes.

Transfer green bean mixture to a 5-quart slow cooker. Stir in broth, salt, pepper, thyme sprigs, and 2 uncooked

bacon slices. Cover and cook on HIGH until beans are tender, about 3 hours.

Discard bacon and thyme. Top with crumbled cooked bacon.

NOTES: These green beans are SO wonderful! If I hadn't already finished Kathy's Kitchen Volume 1, this recipe would have gone in the cookbook as a favorite!

#### Whiskey Cake

#### by Rick Ault

#### **Ingredients**

1 pkg spice cake mix with pudding (2 layer size)

1 3.4 oz. package instant vanilla pudding mix

3/4 cup 2% milk

1/2 cup canola oil

3/4 cup whiskey

4 large eggs

1 1/3 cups coarsely chopped walnuts -- divided

1/2 cup butter -- cubed

1 cup sugar

1 teaspoon water

1/2 cup whiskey

Preheat oven to 300 F. Grease and flour a 10-inch plain or fluted pan.

Combine the cake mix, pudding mix, milk, oil, 3/4 c. whiskey, and eggs. Beat on low speed 30 seconds. Beat on medium speed 2 minutes. Fold in 1 c. nuts.

Pour batter into prepared pan. Sprinkle with remaining nuts. Bake until a toothpick inserted in center comes out clean, about 60 to 65 minutes. Leave cake in pan.

Begin the glaze: Mix butter, sugar, water and whiskey in a medium saucepan, and bring to a boil over medium-high heat. Reduce heat and

simmer 10 minutes. Cool 3 minutes. Pour 1/3 of glaze over warm cake, allowing some to flow over the sides between the cake and the pan. Refrigerate remaining glaze. Let cake stand for 1 hour. Remove cake from pan to cool completely. Cover cake.

The next day, reheat glaze and brush half over the cake. Cool before covering. Repeat the following day using remaining glaze. Source: "Taste of Home Magazine" Copyright: "2019"

Per Serving (excluding unknown items): 224 Calories; 14g Fat (67.5% calories from fat); 2g Protein; 13g Carbohydrate; og Dietary Fiber; 69mg Cholesterol; 82mg Sodium. Exchanges: o Lean Meat; o Non-Fat Milk; 2 1/2 Fat; 1 Other Carbohydrates.



#### Cinnamon-Apple Baked French Toast

#### by Laura Eckstein

#### **Ingredients**

1 loaf French bread3/4 sugar, divided3 tsp. Cinnamon1/4 tsp. Nutmeg (if desired) I use it.

2 1/2 cups whole milk

1 tsp. vanilla

6 medium apples (Jonathan, Gala or Granny Smith) peeled, cored and thinly sliced.

Combine sugar, cinnamon, and nutmeg and set aside.

Slice the bread in 1 inch slices. Place close together in greased 9x13 inch baking dish.

Whisk together eggs ,milk, vanilla and half the sugar mixture. Pour 1/2 the egg mixture over the bread. Top with apples. Pour remaining egg mixture over the apples. Cover and refrigerate over night.

Remove from the refrigerator and let sit at room temperature for 1 hour. Top with remain-

ing cinnamon sugar. Bake uncovered, in a 350 degree oven.

Remove from the oven and let stand 10 to 15 minutes. Sprinkle with powdered sugar and accompany with preserves and heated syrup.

Serves 8.

#### Roasted Bay Scallops with Fennel

#### by Marilyn Solomon

#### Ingredients

1 1/4 pounds bay scallops

1 fennel bulb, finely chopped

1 can quartered Artichoke hearts, chopped

1/4 cup seasoned dried bread crumbs

1/4 cup dry white wine (I used Chardonnay)

2 tablespoons fresh lemon juice

2 teaspoons olive oil

1/4 teaspoon salt

1/4 teaspoon ground white pepper

Preheat oven to 400 degrees F; spray 2quart nonreactive flameproof baking dish with nonstick spray. (I used Pyrex)

In a medium bowl, combine the scallops, fennel, artichoke hearts, bread crumbs, wine, lemon juice, oil, salt and pepper; transfer to the baking dish. Bake until lightly browned, about 25 minutes. Remove from the oven and increase the oven tem-

perature to broil. Drain off the liquid from the baking dish. Broil until deep gold, about 8 minutes.

Per serving (1/4 of casserole): 219 Cal, 4 g fat, 0 g Sat Fat, 47 mg Chol, 503 mg Sod, 16 g Carb, 3 g Fib, 27 g Prot, 82 mg Calc.



Cleveland County

MASTER
GARDENER

invites you to their annual

# Spring Garden Party and Plant Sale

children's activities | on-going garden demonstrations| information booths | lots & lots of plants

April 18, 2020 9:00 am to 1:30 pm

Plant sale continues on April 25th, 9:00 am to 1:00 pm

Cleveland County Master Gardener
Demonstration Gardens
Located at the Cleveland County Fairgrounds
615 E Robinson, Norman, OK 73071

For more information, call the OSU Extension Office at 405-321-4774



**February 15, 10 – 11:30 AM:** The Great Backyard Bird Count. Count birds in the "backyard" of Myriad Botanical Gardens and join scientists and bird watchers all over the world for the annual Great Backyard Bird Count. We'll learn how to identify common birds in Oklahoma City, then head outside and start counting! At the end, we will record our findings to the Cornell Lab of Ornithology at Cornell University. Myriad Botanical Gardens, 301 West Reno, OKC, Garden Classroom. Register at Myriad Gardens website.

March 14, 2 – 4 PM: Fruit with Flavor – Grafting Fruit Trees for Superior Results. Let's grow fruit more deliciously than ever imagined. Join us as we explore two commonly used methods of spring grafting. These techniques are perfect for urban gardeners that would like to include more fruit variety and better producing trees that save precious space. SixTwelve, 612 NW 29th St, Oklahoma City, Oklahoma 73103, Oklahoma City. \$30 for non-members, \$15 for members. Register at SixTwelve.org.

March 21, 8 AM – 3 PM: Oklahoma Gardening School. Myriad Botanical Gardens' annual Oklahoma Gardening School is the state's premier annual horticultural symposium designed for home gardeners and professional horticulturists, garden designers and landscape architects. Each year the Oklahoma Gardening School showcases local and national experts in gardening, plant selection, and garden design. Their illustrated talks and Q&A discussions help participants learn how to create and maintain more sustainable gardens in Oklahoma. Speakers will share inspiring ideas for the 2020 theme of Garden Renovation for a Changing Climate: Transforming Your Yard into a Beautiful, Resilient and Eco-Friendly Garden by presenting how to convert Oklahoma lawns or existing garden beds into gorgeous, hardy and sustainable gardens. Register at Myriad Gardens' website. NEW VENUE: Kerr-McGee Auditorium in the Meinders School of Business at Oklahoma City University

March 28, 10 - 11 AM: Gardening in Dry Shade Conditions. This multi-speaker workshop is focused on selecting and cultivating drought-resistant dry-shade plants for hearty low-ground cover. Conservative watering techniques, such as irrigation, mulch and rain barrels will be discussed. Myriad Botanical Gardens, 301 W Reno Ave, Oklahoma City



#### Photo Booth



Marilyn Solomon says, "Here is a photo of The Marilyn Amaryllis sent to me by my sister, Cathy. It bloomed so beautifully during Christmas."



Vada Edwards says, "My Christmas present is still waiting for flowers and my blooming bush isn't sure what's happening. Love me some winter!"



#### **MASTER GARDENER ASSOCIATION**

Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating. The Oklahoma Cooperative Extension Service offers its programs to all eligible persons regardless of age, race, color, religion, sex, sexual orientation, genetic information, gender identity, national origin, disability, marital or veteran status, or any other legally protected status. OCES provides equal opportunities in programs and employment.

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Courtney DeKalb-Myers Extension Educator Horticulture Submit suggested articles for the newsletter not later than the **25th of each month** to Editor Elaine Dockray at <a href="mailto:rdsefd@aol.com">rdsefd@aol.com</a>

Newsletter Editor: Elaine Dockray Newsletter Publisher: Judy Kautz





**For More Information** Check out the updated Horticulture and Master Gardener sections on the Cleveland County Extension Office website. The address is www.oces.okstate.edu/cleveland.